

A BIT ABOUT ME

II am a British/Irish citizen based in Singapore with my husband and two young children. I have had an extraordinary range of experiences since coming here in 2011 from establishing a theatre company, playing a ghost in a horror film, working inside the offices of Google, Facebook & Spotify and getting a hi-five from Jon Bon Jovi.

MY VALUES

Curiosity and variety are values underpinning how I live and work. I am always keen to meet new people, tackle new problems and I like to keep an open mind as I discover the stories around me. I get my energy from being with people and in nature.

EXAMPLE CLIENTS...

- LinkedIn
- BMW
- Spotify
- P&G
- INSEAD



POSITION

SENIOR CONSULTANT

CORE SKILLS

Building rapport with participants. Delivering content with clarity and energy. Nurturing and encouraging participants as they try new things and reflect. Delivering insightful, constructive feedback on communication skills. Strong presence in the room and reading non-verbal signals from participants.

BACKGROUND

II am a trained theatre actress with unusual beginnings as a Science graduate. I have worked around the world in a wide array of productions including Shakespeare, original musicals, award-winning contemporary drama, family theatre and concerts. As well as my Masters in Performance I hold a BSc in Psychology and Anthropology from the University of Durham. I create and deliver training for groups and individuals who wish to improve their confidence and impact in verbal communication.

LANGUAGES

· English