



PIA MUGGERUD

LEARNING CONSULTANT

A BIT ABOUT ME

I've been a learning professional since 2004. My spirited style and ability to establish rapport and trust with participants is a hallmark of my facilitation style. I'm driven by bringing out the best of our humanity. I have been deeply involved with spiritual work for the last 20 years, and trained as a Coach in 2002, and a counsellor in 2018.

MY VALUES

What's most important to me is building quality relationships. This requires honesty, building trust, married with my own business acumen. In addition, I have to show up in my authenticity, by sharing openly with understanding, helping to build mutual respect.

I'VE WORKED WITH...

- HSBC
- Morgan Stanley
- Society Generale
- BNP Paribas
- UBS

POSITION

LEARNING CONSULTANT

CORE SKILLS

- NEGOTIATION SKILLS
- PRESENTATION SKILLS
- LEADERSHIP DEVELOPMENT
- SALES TRANSFORMATION
- EXECUTIVE LEVEL EFFECTIVENESS
- SOCIAL TRANSFORMATION
- TEAM BUILDING AND DEVELOPMENT

BACKGROUND

I've been working in the field of transformation for 20 years. I'm passionate about working with people who also have a wish to develop themselves. I recognise that working with individuals holistically can lead to more honesty and authenticity, so I support people to get more in sync with themselves both physically, emotionally, and intellectually. This can be done through movement and I offer Breathwork, which is one particularly useful modality to alleviate stress, regulate your mood, and feel more open and alive.

I work one-on-one as well as facilitating groups. I'm comfortable with both small groups and large, my largest group facilitation involving 400 professionals.

QUALIFICATIONS & CERTIFICATIONS

- Corporate Coach with Coach University, US
- Accredited facilitator, Advance Credit Negotiation Skills (ACNS)
- Anthony Robbins Mastery University
- Train the Trainer facilitation course with T Harv Eker
- The Dynamic Facilitator Advanced with Asia's only Certified Master Facilitator - Barry Brewster
- Heartstyles Life Indicator Accredited Facilitator & Coach

LANGUAGES

- English
- Norwegian

WILLING TO TRAVEL

Yes