DELIVERY CONSULTANT

A BIT ABOUT ME

I am a seasoned facilitator, ICF professional certified coach (PCC) and a certified Enneagram, EQ & Resilience trainer. I am enthusiastic in cultivating talent and leaders with selfawareness, multi-perspective taking mentality, resilience and coaching competencies to build agile and collaborative teams. I am also experienced in providing psychologically safe spaces to enable alignments among teams with multicultural/generational differences in the workplace.

MY VALUES

Teamwork is the result of leaders' and teammates' mindset, subject-object awareness and emotional healthy level. I believe in vertical development and mindfulness practices as the ultimate key for humans to align their head-heartgut centres to live in the present for the highest possibilities.

I'VE WORKED WITH...

- HSBC
- Hang Seng Bank
- AIA Group Metlife
- Hermes



POSITION

DELIVERY CONSULTANT

CORE SKILLS

- SALES TRANSFORMATION
- **NEGOTIATION SKILLS**
- LEADERSHIP DEVELOPMENT
- EXPERIENTIAL LEARNING
- **DIVERSITY & INCLUSION**

BACKGROUND

I am an ICF PCC and practice inter-disciplinary methodologies in my coaching approach, supporting and continuously develop my coaching presence via practicing Vipassana. I train and supervise internal/external coaches to become ICF certified coaches in China and sometimes also lead train-thetrainer workshops.

I am certified in Theory U and advanced Social Presencing Theatre (SPT) and am capable of leading and supporting transformation projects via SPT. I have over 16 years of management experience, specialising in product management and business planning and have worked for IT&T, as well as in health management insurance and the health management sectors. I provide consulting services to facilitate strategic meetings for product planning and development.

QUALIFICATIONS & CERTIFICATIONS

- Advanced Social Presencing Theatre (Berlin)
- Organisation & Relationship Systems Coaching Intermediate by CRR Global
 - Certified Adversity Quotient (AQ) Facilitator in Greater China region
- Organisation & Relationship Systems Coaching Fundamental by CRR Global
- Facilitating Client Collaboration by ICA Larry Philbrook
- Great Place To Work Certified Facilitator
- Dialogue workshop by ICA Larry Philbrook ٠
- Social Presencing Theatre Basic
- Holacracy Executive Taster Workshop

LANGUAGES

- English
- Cantonese
- Mandarin

WILLING TO TRAVEL