PHYLLIS LO

DELIVERY CONSULTANT

A BIT ABOUT ME

I am passionate about people development. I am a corporate trainer, facilitator and a coach. I love the nature of it. I believe people have unlimited potential. I like to have fun and I love to inspire people to have a healthy and enjoyable life, personally and professionally. I specialise in experiential learning, team building and team development.

MY VALUES

I believe learning is a continuous journey for everyone and every organisation, and it's fun. I believe everybody has unlimited potential to be unleashed through transformational learning and coaching. Do what we love and love what we do!

I'VE WORKED WITH

- Universal Electronics Inc.
- City University of Hong Kong
- Orient Overseas Container Line Ltd
- COACH
- A.S. Watson Group



POSITION

DELIVERY CONSULTANT

CORE SKILLS

- TEAM BUILDING AND DEVELOPMENT
- EXPERIENTIAL LEARNING
- NEGOTIATION SKILLS
- COMMUNICATION SKILLS
- SALES TRANSFORMATION
- LEADERSHIP DEVELOPMENT

BACKGROUND

I have over 18 years of experience as a personal and team development facilitator, having worked for organisations such as Outward Bound Hong Kong, Scout Association of Hong Kong, and Hong Kong Award for Young People, among other youth services organisations. I've had extensive training experience in various industries, e.g. banking, telecommunications and IT, real estate agency, retail and education.

QUALIFICATIONS & CERTIFICATIONS

- Certified Facilitator of Development Dimensions International (DDI)
- Certified Neuro-linguistic Programming (NLP) Trainer
- Certified Facilitator of Points of You® (Level 3 Expert)
- Talent Dynamics & Wealth Dynamics Flow Consultant and Performance Consultant
- Timeline Therapy Practitioner
- Hypnotherapy Practitioner
- Visual Facilitation
- China Career Development Mentor (CCDM)
- Certificate of Coach U's Core Essentials Coaching Programme

LANGUAGES

- English
- Mandarin
- Cantonese

WILLING TO TRAVEL