

# LEARNING CONSULTANT

## A BIT ABOUT ME

Raised in Hong Kong, I have a deep love for Asia and the great outdoors. I'm grateful for the opportunity to build a life, career and community here. I'm passionate about the work I do as a facilitator, and leadership and life coach. I love to connect people and with people in different contexts - sports teams, socially, organisationally. When I'm not working, you may find me hiking or open water swimming - activities that nourish my soul.

#### **MY VALUES**

People matter to me. One fundamental belief I have is that people are good. My passion lies in supporting and developing individuals, teams and communities to understand themselves better and live lives where they are true to themselves.

#### I'VE WORKED WITH...

- Accenture
- Goldman Sachs
- Bank of New York Mellon
- Transamerica Life (Bermuda) Ltd
- Sainsbury's



#### **POSITION**

#### LEARNING CONSULTANT

#### **CORE SKILLS**

- EXECUTIVE LEVEL EFFECTIVENESS
- LEADERSHIP DEVELOPMENT
- CULTURE CHANGE
- SALES TRANSFORMATION
- SOCIAL TRANSFORMATION
- EXECUTIVE LEVEL COACHING

#### **BACKGROUND**

I bring 20 years of HR experience with a specialisation in Talent Management, Leadership Development and Facilitation, Coaching, and Diversity and Inclusion. My industry experience includes professional services, communications, technology, insurance, finance, non-profit. My career has spanned the following markets: UK, Australia, Switzerland, South East Asia (Hong Kong, China, Malaysia, Korea, Japan, Indonesia, Thailand).

I have led teams of up to 20 people, (inside and outside of organisations), motivated and engaged teams, driven change management programs and sat on multiple senior executive teams across different organisations. My drive, energy, and ability to adapt and empathise has led to a successful international career in HR, leadership development and training facilitation, and a new career as a leadership and life coach.

#### **QUALIFICATIONS & CERTIFICATIONS**

- Member of the Chartered Institute of Personnel and Development (MCIPD)
- Certified Professional Coactive Coach / Associate Certified Coach (CPCC / ACC)
- Heartstyles Life Indicator Accredited Facilitator & Coach
- Accredited Performance Climate Systems (PCS) practitioner focusing on organisational climate
- Trained facilitator in the use of Strength Finder 2.0 (Gallup)

### LANGUAGES

- English
- Spanish (second language)
- French (conversational)

#### WILLING TO TRAVEL