

DELIVERY CONSULTANT

A BIT ABOUT ME

I help teams and individuals enhance their leadership and creativity and become more resourceful and effective in taking care of what really matters to them, be it for personal development, high performance, emotional resilience, or collaborative relationships. It is about building new competencies in dealing with the environment in this fast-changing world of volatility, uncertainty, complexity and ambiguity.

MY VALUES

I believe that every person is a creative genius – all we need is the psychological safety to grow and live up to the fullest potential of ourself and our teams, with curiosity, courage and confidence.

I'VE WORKED WITH...

- Adidas
- Cisco
- Geberit
- Vorwerk



POSITION

DELIVERY CONSULTANT

CORE SKILLS

- COMMUNICATION SKILLS
- LEADERSHIP DEVELOPMENT
- CORPORATE COACHING
- EXPERIENTIAL LEARNING
- EMOTIONAL INTELLIGENCE

BACKGROUND

Before becoming a coach and facilitator, I spent over 20 years in marketing with global companies in the Asia Pacific. This experience provides a good foundation for trust and empathy with my clients going through constant changes and reconciliation, especially in the dynamic cross-cultural context of Asia.

Given my personal experience of plunging into abstract painting lately with no formal training, I am a strong believer and practitioner of how self-expression of various forms can help facilitate awareness, transformation and meaning-making.

Born and raised in Hong Kong, I have been living in Shanghai since 2003. I speak English, Mandarin and Cantonese.

QUALIFICATIONS & CERTIFICATIONS

- Certified Level 1 Ontological Coaching Practitioner
- Evolutionary Coaching
- Artgym Advanced Diploma for Leading Creative Collaboration

LANGUAGES

- English
- Cantonese
- Mandarin

WILLING TO TRAVEL