

DELIVERY CONSULTANT

A BIT ABOUT ME

Having spent over 15 years in marketing and communications as a writer and consultant, and many years on stage as an actor, I have many transferrable skills to bring as a facilitator. I've designed and delivered multiple in-house training and development programmes, spanning a variety of sectors and topics, including customer service, diversity and inclusion, leadership development, and business editorial skills.

MY VALUES

My core values are simple: that we can always be better versions of ourselves, and it's more effective to ask for help to achieve that goal. Through this belief, I aim to assist individuals and teams to communicate better, and to feel empowered and capable, so that they can achieve their desired objectives and targets.

I'VE WORKED WITH...

- HSBC
- PayMe
- AXA
- University of London
- Bouygues Group



POSITION

DELIVERY CONSULTANT

CORE SKILLS

- STORYTELLING MASTERY
- COMMUNICATION SKILLS
- NEGOTIATION SKILLS
- SALES TRANSFORMATION
- CULTURE CHANGE
- CORPORATE ROLE PLAY

BACKGROUND

Having lived in the United Kingdom, France, South Africa, and now Hong Kong, it comes naturally to me to work within diverse cultures with people from all backgrounds. I thrive in a multicultural environment and love learning, teaching, and bringing people together.

After obtaining my BA (Hons) and MA in Philosophy with Creative Writing, from the University of London, I spent the next decade working in marketing and communications, primarily as an editorial manager and marketing consultant.

I spend much of my spare time acting in theatrical productions, which is why I decided to combine my passion for acting with my natural ability to facilitate and lead others in a pedagogical environment.

QUALIFICATIONS & CERTIFICATIONS

- Heartstyles Life Indicator Accredited Facilitator & Coach
- BA (Hons) English Literature and Creative Writing
- MA in Philosophy
- Meisner acting technique
- Effective narratives workshop
- Customer Service training certification

LANGUAGES

- English
- French (fluent)
- Cantonese (basic)

WILLING TO TRAVEL