

## POSITION

---

**LEARNING CONSULTANT**

## CORE SKILLS

---

- LEADERSHIP DEVELOPMENT
- CHANGE MANAGEMENT
- DIVERSITY & INCLUSION
- COMMUNICATION SKILLS
- PRESENTATION SKILLS

## BACKGROUND

---

I have over 13 years of corporate experience in the UK and Hong Kong. Before facilitating training, I held regional and global roles across marketing, comms and business transformation in the Financial Services and FMCG industries.

After a career transition into the Learning & Development function, I first managed a team focusing on the operational side of managing and monitoring trainings. I knew I had found the career for me when I began facilitating trainings in the area of leadership and soft skills, pulling together my passion for communication and transformation.

## QUALIFICATIONS & CERTIFICATIONS

---

- Diploma in Neuro-Linguistic Programming (NLP) and Hypnotherapy
- NLP Trainer and Master Practitioner
- NLP Master Coach and Trainer of NLP Coaching
- Time Line Therapy® Trainer and Master Practitioner
- DISC Accredited
- Heartstyles Life Indicator Accredited Facilitator & Coach

## LANGUAGES

---

- English

## WILLING TO TRAVEL

---

Yes



# CHARLOTTE SUTTON- DOCKREAY

LEARNING CONSULTANT

## A BIT ABOUT ME

---

In my roles as consultant with Actualize and Founder of Infinite Potential Ltd, supporting people's growth and development journey is at the heart of everything I do. In my coaching and facilitation interactions, I focus on enabling others to gain more self-awareness, expand possibilities and ultimately gain the skills and mindset to achieve their personal and professional development goals.

## MY VALUES

---

I believe that approaching life with a mindset of curiosity, openness and a desire to learn is what drives continuous personal growth. The ability to effectively communicate is one of the most important skills we can always work on.

## I'VE WORKED WITH...

---

- HSBC
- GP Strategies
- Uplifters
- Green People Ltd