

# **DELIVERY CONSULTANT**

### A BIT ABOUT ME

I believe that all individuals have an innate ability for greatness, empathy and universal acceptance. My purpose is to unleash this ability. I am a leadership and organisational development facilitator with over 10 years of experience of designing and facilitating behavioural and attitudinal change programs. In the course of my career I have engaged with leaders across various sectors and demographics.

#### **MY VALUES**

The values that drive me are based on my vision of the world: a world where there is empathy, acceptance of others and dignity of life. My values are empathy, respect and love. These help me be a better version of myself and form powerful connections.

#### I'VE WORKED WITH...

- HSBC
- 105
- Lloyd Register
- UN Women
- Sulzer



#### **POSITION**

#### **DELIVERY CONSULTANT**

#### **CORE SKILLS**

- LEADERSHIP DEVELOPMENT
- EXPERIENTIAL LEARNING
- COMMUNICATION SKILLS
- EMOTIONAL INTELLIGENCE
- CONFLICT MANAGEMENT
- INSTRUCTIONAL DESIGNING

#### BACKGROUND

My deepest passion lies in designing and facilitating self discovery journeys for individuals, facilitating their growth in becoming the best versions of themselves. I am in the process of registering my own initiative, N-abl (Nurturing Abilities Beyond Limit).

I began my career working in political leadership, during which I facilitated the leadership journeys of 3,000 young political leaders. Since then I have focused on training and development, working for non-profits. I have worked on gender, HIV, early child marriage, education and active citizenship.

Stepping into the corporate space with Bridge Partnership, I facilitated corporate leadership development programs with around 1,000 mid-management leaders of HSBC pan India. I used the unique perspectives I gained from the non-profit sector to customise solutions for corporate leaders in IDFC, Lloyds Register and Sulzer, to name a few. That is especially true of my programs on 'Women Leaders'. As a part of employee well-being initiatives, I also conducted emotional intelligence workshops for young parents. I co-facilitated in three Kalinga Fellowships conducted by the Bridge Institute.

## **QUALIFICATIONS & CERTIFICATIONS**

- Masters in Occupational Psychology and HR
- NeuroLinguistic Programming (Master practitioner)
- Emotional Intelligence (Practitioner)
- Gestalt Therapy (Practitioner)
- Instructional Designing
- Bridge Institute Fellow

#### LANGUAGES

- English (proficient)
- Hindi (Proficient)
- Marathi (Proficient)

#### WILLING TO TRAVEL