

# **DELIVERY CONSULTANT**

# A BIT ABOUT ME

Often being the change agent and driver in organisations, I am a trusted advisor to clients. I am a practicing minimalist in life and am working towards a sustainable lifestyle. I enjoy reading books, trying new things, meeting people, and learning about them. I care about the environment and how individual actions could make an impact on others' lives and wider society.

#### MY VALUES

I am driven by my curiosity in many things. Outside of the main career focus, I have experience in social media marketing, Master of Ceremony, archery, screenwriting, running a frozen yogurt café, etc. And most importantly, kindness is a choice I always make.

### I'VE WORKED WITH...

- GUCCI Group
- Sedgwick Richardson
- LKK Health Products Group
- Asian Charity Services



# **POSITION**

#### **DELIVERY CONSULTANT**

#### **CORE SKILLS**

- COMMUNICATION SKILLS
- PRESENTATION SKILLS
- PERSONAL EFFECTIVENESS
- MANAGEMENT SKILLS
- MINDFULNESS

#### BACKGROUND

Communication and mindset are cornerstones of any successful individuals, managers, and leaders. As an introvert, I once struggled in getting my point across. Having undergone self-development, I am now dedicating my time to supporting others to become better communicators.

Born and raised in Hong Kong, I have lived in the United States, worked in Shanghai, and backpacked in Spain and Southeast Asia.

With 10+ years of experience in consultative selling, business development and key account management, my experience is in working with diverse industries i.e. pharmaceuticals, technology, insurance, investment banking, telecommunications, start-up, property development, hotel, manufacturing, etc.

# QUALIFICATIONS & CERTIFICATIONS

- Bachelor of Science (Hons) in Psychology, The University of Salford
- International Coaching Foundation Level 1
- Certified SLII® Trainer
- Certified Behavioral Consultant DiSC®
- Accredited Facet5 Psychometric Assessment Practitioner
- Certified Think In & Out of the Box™ Facilitator
- Integral Growth for Women in Leadership
- Certified Practitioner of Neuro-Linguistic Programming (NLP) & Coaching
- $\bullet$  Certified Practitioner in Timeline Therapy  $\!\!^{\mathsf{TM}}$
- Mindfulness Facilitator

# LANGUAGES

- Cantonese
- English
- Mandarin

# WILLING TO TRAVEL